

The Company does not treat members differently because of sex, age, race, color, disability, or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability, or national origin, you can send a complaint to the Civil Rights Coordinator.

**Online:** UHC\_Civil\_Rights@uhc.com

**Mail:** Civil Rights Coordinator

UnitedHealthcare Civil Rights Grievance

P.O. Box 30608, Salt Lake City, UT 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call 1-800-523-5800, TTY 711.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

**Online:** <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

**Phone:** Toll-free 1-800-368-1019, 800-537-7697 (TDD)

**Mail:** U.S. Dept. of Health and Human Services

200 Independence Avenue, SW Room 509F

HHH Building, Washington, DC 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 1-800-523-5800, TTY 711.

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| 18. Fulani         | MAANDOORE: ( <b>Fulani</b> ), to ada haala <b>Ingilise</b> , walliinde wolde, caahu, e woodi ngam maada. Kusu noddu 1-800-523-5800.                                                  |
| 19. Haitian Creole | ATANSYON: Si w pale <b>Kreyòl ayisyen (Haitian Creole)</b> , ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan 1-800-523-5800.                             |
| 20. German         | ACHTUNG: Falls Sie <b>Deutsch (German)</b> sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie 1-800-523-5800 an.                            |
| 21. Greek          | ΠΡΟΣΟΧΗ : Αν μιλάτε <b>Ελληνικά (Greek)</b> , υπάρχει δωρεάν βοήθεια στη γλώσσα σας. Παρακαλείστε να καλέσετε 1-800-523-5800.                                                        |
| 22. Gujarati       | ધ્યાન આપો: જો તમે ગુજરાતી ( <b>Gujarati</b> ) બોલતા હો તો આપને ભાષાકીય મદદરૂપ સેવા વિના મૂલ્યે પ્રાપ્ય છે. કૃપા કરી 1-800-523-5800 પર કોલ કરો.                                       |
| 23. Hawaiian       | MALIU MAI! Inā 'ōlelo 'oe i ka ' <b>ōlelo Hawai'i (Hawaiian)</b> , loa'a ke kōkua unuhi manuahi no ke kōkua 'ana aku iā'oe. 'Olu'olu e kelepona aku i ka helu 1-800-523-5800.        |
| 24. Hindi          | ध्यान दें: यदि आप <b>हिंदी (Hindi)</b> बोलते हैं, आपको भाषा सहायता सेवाएं, नि:शुल्क उपलब्ध हैं। कृपया 1-800-523-5800 पर कॉल करें।                                                    |
| 25. Hmong          | CEEb TOOM: Yog koj hais Lus <b>Hmoob (Hmong)</b> , muaj kev pab txhais lus pub dawb rau koj. Thov hu rau 1-800-523-5800.                                                             |
| 26. Igbo           | GEE NTI: Ọ bụrụ na ina asụ asụsụ <b>Igbo (Igbo)</b> , enyemaka na-ahazi asụsụ, bu n'efu, dịrị gị mgbe niile. Biko kpọọ 1-800-523-5800.                                               |
| 27. Ilocano        | PAKDAAR: Nu saritaem ti <b>Ilocano (Ilocano)</b> , ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti 1-800-523-5800.    |
| 28. Indonesian     | PERHATIAN: Jika Anda berbicara <b>Bahasa Indonesia (Indonesian)</b> , layanan bantuan bahasa akan tersedia untuk Anda secara gratis. Harap hubungi 1-800-523-5800.                   |
| 29. Italian        | ATTENZIONE: in caso la lingua parlata sia l' <b>italiano (Italian)</b> , sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero 1-800-523-5800. |
| 30. Japanese       | 注意事項：日本語 ( <b>Japanese</b> ) を話される場合、無料の言語支援サービスをご利用いただけます。1-800-523-5800 にお電話ください。                                                                                                  |
| 31. Karen          | ဟ်သ့ၣ်ဟ်သးဘၣ်တၢ်က့ၢ်-ဖဲန့ၣ်ကတိၤကညိၣ်က့ၢ်( <b>Karen</b> )န့ၣ်,ကၢၢ်တၢ်မၤစၢၤအတၢ်ဖဲတၢ်မၤတဖၣ်,လၢတလိၣ်ဟ့ၣ်အပူၤဘၣ်န့ၣ်အိၣ်ဝဲဒၣ်လၢန့ၢ်န့ၣ်လီၤ. ဝံသးစူၤကိးဘၣ်1-800-523-5800န့ၣ်တက့ၢ်.         |
| 32. Khmer          | ចំណាប់អារម្មណ៍: បើសិនអ្នកនិយាយ <b>ភាសាខ្មែរ (Khmer)</b> សេវាជំនួយភាសាដោយឥតគិតថ្លៃ គឺមានសំរាប់អ្នក។ សូមទូរស័ព្ទទៅលេខ 1-800-523-5800។                                                  |

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| 33. Kirundi            | ICITONDERWA: Nimba uvuga <b>Ikirundi (Kirundi)</b> , uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona 1-800-523-5800.                                       |
| 34. Korean             | 알림: <b>한국어(Korean)</b> 를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-523-5800 번으로 전화하십시오.                                                                               |
| 35. Kurdish Sorani     | تێبینی: گەر به کوردی سۆرانی ( <b>Kurdish Sorani</b> ) قسه دهکەیت، بێبهرامبهر خزمەتگوزاری زمانت لهبهر دهستە. تەکایه پەیوهندی بکه به رقمە تەلەفۆنی 1-800-523-5800.       |
| 36. Laotian            | ກະລຸນາຟັງ: ຖ້າຫາກວ່າທ່ານເວົ້າພາສາ <b>ລາວ (Laotian)</b> , ການບໍລິການຊ່ວຍເຫຼືອສໍາລັບການພາສາ, ບໍ່ເສຍຄ່າໃຊ້ຈ່າຍ, ມີສໍາລັບທ່ານກະລຸນາໂທ 1-800-523-5800.                      |
| 37. Marathi            | कृपया लक्ष द्या: जर तुम्ही <b>मराठी (Marathi)</b> बोलत असल्यास, भाषा सहाय्य सेवा तुम्हाला मोफत उपलब्ध आहेत. कृपया 1-800-523-5800 येथे संपर्क करा.                      |
| 38. Marshallese        | LALE: Ñe kwōj kōnono <b>Kajin Majel (Marshallese)</b> , kwomaroñ bōk jerbal in jipañ in kajin ejjelōk wōñāñ. Kwōn jouj im kallōk ñan 1-800-523-5800.                   |
| 39. Navajo             | DÍÍ BAA'ÁKONÍNÍZIN: <b>Diné (Navajo)</b> bizaad bee yánitł'go, saad bee áka'anída'awo'ígíí, t'áá jííł'eh, bee ná'ahóót'i'. T'áá shoodí kohjį' 1-800-523-5800 hodíłnih. |
| 40. Nepali             | ध्यान दें: यदि तपाईं <b>नेपाली (Nepali)</b> भाषा बोल्नुहुन्छ भने, तपाईंको निम्ति निशुल्क भाषा सेवा उपलब्ध छ। कृपया 1-800-523-5800 मा कल गर्नुहोस्।                     |
| 41. Norwegian          | OBS: Hvis du snakker <b>norsk (Norwegian)</b> , kan du få gratis språkhjelp. Ring 1-800-523-5800.                                                                      |
| 42. Oromo              | HUBACHISA: Kan ati dubbattu <b>Afaan Oromoo (Oromo)</b> yoo ta'ee, tajaajilliwwan gargaarsa afaanii, kanfalttii malee siif jira. Maaloo karaa 1-800-523-5800.          |
| 43. Pennsylvania Dutch | AADACHT: Wann du <b>Deutsch Schwetze (Pennsylvania Dutch)</b> kann, kannscht du frei Schprooch aushilfe griege. Ruf Nummer 1-800-523-5800.                             |
| 44. Pohnpeian          | KANSENOH: Ma komw <b>lokaiahn Pohnpei (Pohnpeian)</b> , mie sawas en mahsen, soh isepe, ong komwi. Menlau, eker 1-800-523-5800.                                        |
| 45. Polish             | UWAGA: Jeżeli mówisz po <b>polsku (Polish)</b> , udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer 1-800-523-5800.                                   |
| 46. Portuguese         | ATENÇÃO: Se você fala <b>português (Portuguese)</b> , contate o serviço de assistência de idiomas gratuito. Ligue para 1-800-523-5800.                                 |
| 47. Punjabi            | ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ <b>ਪੰਜਾਬੀ (Punjabi)</b> ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਬਿਲਕੁਲ ਮੁਫਤ ਉਪਲਬਧ ਹਨ। ਕਿਰਪਾ ਕਰਕੇ 1-800-523-5800 'ਤੇ ਕਾਲ ਕਰੋ।                   |
| 48. Romanian           | ATENȚIE: Dacă vorbiți <b>românește (Romanian)</b> , vi se pun la dispoziție, în mod gratuit, servicii de traducere. Vă rugăm să sunați la 1-800-523-5800.              |

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